



MENTORING

What is Mentoring ?

It is a powerful tool in developing individuals and supporting them through periods of increased learning and growth in their career or lives.

'Mentoring occurs when a Mentor and Mentee work together to discover and develop the Mentee's talents and to encourage them to gain, knowledge, skills and new behaviours / strategies as the opportunities or needs arise'.

Professional Mentoring support can be offered to any BSL/English Interpreter regardless of registration status.

Professional support is available for those who wish to pursue, enhance or further develop their professional career. It can also be used to simply talk with someone on a like for like professional level.

The following can be offered in the language of your choice, i.e. English or BSL or both to suit. Mentoring is a vital part of one's professional and personal well-being.

What sort of support can be offered?

<i>Emotional well being</i>	<i>Psychological well being</i>	<i>Professional Practical support</i>
<i>Career development</i>	<i>Professional development</i>	<i>Support and guidance with CPD / PDP</i>
<i>Role Modelling</i>	<i>Time Management</i>	<i>Stress Management</i>
<i>Linguistic / Language support</i>	<i>Develop appropriate interpreting strategies</i>	<i>Learn new strategies from fellow peer Strategies shared by peers</i>
<i>Problem solving</i>	<i>Reflective learning</i>	<i>Counselling</i>
<i>Anti-bullying Awareness</i>	<i>Self assessment of skills</i>	<i>Cross -cultural support / knowledge /</i>
<i>Professional and Independent monitoring of own CPD progress.</i>	<i>Translation/ Interpreting support</i>	<i>Independent Evaluation</i>

These supports can be given in an independent capacity and arranged to suit where possible.